Reward or Bribe?
WHAT MOTIVATES YOUR DOG?

A bribe is something that causes a behavior to happen by enticing the dog. For example, your dog is out in the yard and won't come in, so you shake a box of cookies to bribe him in. This isn't really a bad thing, but it isn't training either.

A reward, on the other hand, is something that occurs only after a behavior happens. A reward reinforces the likelihood that the behavior will happen again. For instance, you call your dog and he comes to you; you offer a treat and release him back to play again.

Positive Reinforcement

FOOD REWARDS:
To prevent your dog from getting diarrhea, don't give him too much of any one thing. Here are some yummy ideas for treats:

• Boiled chicken
• Boiled hamburger
• Popcorn
• Cooked tortellini or other types of pasta
• Bread (bagel pieces work great)
• Carrots
• Bananas
• Dried fruit (not raisins, which can be toxic to dogs)
• Cheerios or other types of cereal
• Freeze-dried liver (found in pet stores and supply catalogs)
• Cooked hot dogs

Physical Affection

Praise

NON-FOOD REWARDS:
• A short game of fetch
• A short game of tug
• A short game of catch
• Hide a toy and go find it together
• A toss of a Frisbee
• Chase a stream of bubbles
• Lots of happy praise and baby talk
• Vigorous petting and happy talk
• Flashlight tag (have your dog chase the light beam)
• A stuffed dog toy
• A stuffed dog toy that makes noise
• A squeaky toy with an obnoxious squeaker